



Collaboration with NGO MART

In collaboration with MART we have conducted three online webinars, provided by Helen Christie, Clinical psychologist, previous special advisor at the Regional Centre for Children and Adolescent Mental Health, East and South (R-BUP), Mari K Bræin Psychologist specialist and Clinical Director of Centre for Stress and Trauma Psychology in cooperation with Ruslana Burova, the leader of NGO MART (Chernihiv, Ukraine) was in charge of involving participants in all three webinars.

You will find the lectures here.

You can find the PowerPoint presentations translated to Ukrainian below.

The core topics are:

Title	Name	Pdf- Presentations
“How to assist children in time of war and crisis.” “Child development and trauma reaction. How to regulate children age3-12.”	Helen Christie , Clinical psychologist, former special advisor at the Regional Centre for Children and Adolescent Mental Health, East and South (R-BUP), Anna Fedina, and Elisabeth Ng Langdal, Executive Director and Mental Health and Human Rights Info expert	Ukrainian and English
“Parental guidance in the wake of flight from war“	Helen Christie , Clinical psychologist, Anna Fedina and Elisabeth Ng Langdal	Ukrainian and English
“Children and war”. “Trauma Recovery Techniques TRT. “	Helen Christie , Clinical psychologist, Anna Fedina and Elisabeth Ng Langdal.	Ukrainian and English
“Trauma Processing.”	Mari K Bræin Psychologist specialist and Clinical Director of Centre for Stress and Trauma Psychology, Helen Christie, Anna Fedina and Elisabeth Langdal.	Ukrainian and English